

# MELATONIN-ND™

Probiotic-Fermented Melatonin  
Brain, Sleep and Immune Support



Melatonin is a unique, complex molecule that is naturally present in virtually every cell of the body. Melatonin is considered to be the global master bioregulator of the whole body, inter-coordinating many of the body's complex systems, including:

- ✓ quality sleep
- ✓ brain support
- ✓ the immune system
- ✓ antioxidants
- ✓ cardiovascular system
- ✓ neuroendocrine system
- ✓ bone health

The levels of melatonin peak in one's early years, then as the body ages, the biosynthesis of melatonin begins to decline drastically.



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



## PREMIER RESEARCH LABS MELATONIN-ND™

A nutritional industry first, featuring melatonin in a convenient liquid form that has been cultured with beneficial probiotic organisms for active bio-availability. Melatonin-ND™ is not animal-derived so it is suitable for everyone, including vegetarians and vegans.

This premier quality formula is fermented using a unique probiotic culture which allows rapid delivery and superior bioenergetic dynamics. Many people say they can feel the effect of this product the very first time they take it.

### WHAT IS MELATONIN?

Melatonin is a unique immunomodulatory compound which supports a wide range of physiological functions. It is produced by the body's pineal gland, a master gland located in the center of your brain. The secretion of melatonin is inhibited by light and stimulated by darkness. Therefore, melatonin production naturally rises at night.

However, this may be compromised in individuals who have altered circadian rhythms or sleep patterns. The use of melatonin to **promote restful sleep** is well documented and has received substantial publicity for its ability to promote natural sleep patterns and maintain normal circadian rhythms. This extraordinary hormone

is one of nature's most effective antioxidants, offering unsurpassed protection against a broad range of free radicals which can cause cellular damage.

### ARE YOU ENJOYING RESTFUL NIGHTS AND RADIANT DAYS?

If you need more help, then PRL's Melatonin-ND™ is your product of choice. Experience an industry first with probiotic-fermented melatonin that **promotes deep, restful, REM sleep**. You and your family will feel the PRL difference!

#### ND Technology™ (Novel Micro-cultured Delivery)

This premier quality formula is fermented using a unique probiotic culture which allows rapid oral delivery with superior bioenergetic properties.

### INGREDIENTS

1/4 Dropper Provides:  
Cultured Melatonin<sup>1</sup> . . . . . 2 mg  
Other Ingredients: Purified Water, Organic Alcohol, Organic Molasses

<sup>1</sup>Fermented in a probiotic culture which has been inactivated after fermentation; preserved with organic alcohol

Suggested Use. Take 1/4 dropper just before sleep or as directed by a health professional. Shake gently before use.

Code: 2354 (2 fl oz/bottle) Amber glass with dropper dispenser