



FreeStyle Libre Sensors Application Guide

Here are some tips you can use to help keep your sensor in place

WHEN SELECTING YOUR SENSOR APPLICATION SITE, REMEMBER TO



- Select an area on the **back of your upper arm** that generally stays flat (no bending or folding).
- Choose a site that is at least 1 inch (2.5 cm) away from an insulin injection site.
- Prevent discomfort or skin irritation by **selecting a site other than the one most recently used**.
- Make sure the site is **clean-shaven** to avoid interference with the sensor.

PREPARING THE SKIN'S SURFACE TO SET THE STAGE FOR OPTIMAL ADHESION



1. WASH

Only use **non-moisturizing, fragrance-free soap** to wash the area where you'll apply the sensor.

2. CLEAN

Use an alcohol wipe to **remove any oily residue**.

3. DRY

Allow your skin to dry fully before applying the sensor. This is especially important if you plan to apply the sensor after you shower or swim.

FRIENDLY REMINDERS OF WHAT TO AVOID BETWEEN YOUR SENSOR & YOUR SKIN



- Moisture of any kind
- Hair; consider shaving the application area
- Oily residue from soap, lotion, shampoo, or conditioner

ALWAYS PREPARE THE SENSOR AGAINST A HARD, FLAT SURFACE



FreeStyle Libre 2

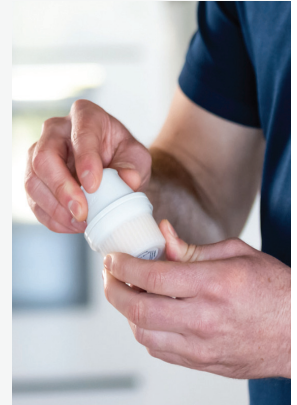
- **Peel lid** from the sensor pack and **unscrew cap** from the sensor applicator.
- **Line up marks** on the sensor applicator and pack. Press down firmly on the sensor applicator until it comes to a stop.
- **Lift the sensor applicator** out of the sensor pack. The sensor applicator is now ready to apply the sensor.

NOTE: Sensor pack and sensor applicator codes must match or glucose readings may be inaccurate.

CAUTION: Sensor applicators will contain a needle. Do not touch inside sensor applicator or place back inside sensor pack.

FreeStyle Libre 3

- **Lift the sensor applicator** out of the sensor pack. The sensor applicator is now ready to apply the sensor.



FOLLOW THESE STEPS WHEN APPLYING THE SENSOR



- Place the sensor applicator over the application site, **press firmly** and hold for a few seconds.
- **Gently pull** the sensor applicator away from your body.
- **Make sure the sensor is secure** by pressing the sensor down and running your finger along the sensor adhesive.

USING PRODUCTS WITH MOISTURIZING PROPERTIES CAN HELP YOU REMOVE YOUR SENSOR*

BABY OIL

A soft moisturizer

REMOVE ADHESIVE REMOVER

Removes adhesive residue on skin

UNI-SOLVE ADHESIVE REMOVER

Formulated to reduce adhesive trauma to the skin by thoroughly dissolving dressing tape and appliance adhesives

We're here to help. For further assistance with sensor adhesion, please contact Milliken Medical at 1-800-532-1356.

The team is available 5 days a week from 8AM to 8PM Eastern Time.



*The information below does not constitute an endorsement of the manufacturer or the product quality. Abbott Diabetes Care is not responsible for the completeness or accuracy of product information. Product availability may vary by country and region. The manufacturer's instructions for use of each product should be followed.

Important Safety Information

FreeStyle Libre 14 day system: Failure to use FreeStyle Libre 14 day system as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If readings do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.FreeStyle.abbott/us-en/safety-information.html> for safety info.

FreeStyle Libre 2 and FreeStyle Libre 3 systems: Failure to use FreeStyle Libre 2 or FreeStyle Libre 3 systems as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If glucose alarms and readings do not match symptoms or expectations, use a fingerstick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or <https://www.FreeStyle.abbott/us-en/safety-information.html> for safety info.

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